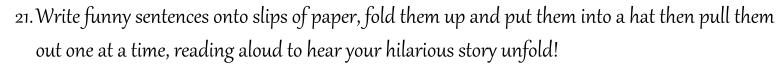
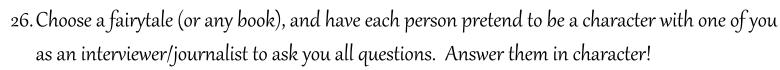
## 01

## Things To Do With Kids Indoors & In Your Garden

- 1. Make Playdough
- 2. Grab a torch and make shadow puppets on the walls
- 3. Fold a piece of paper accordion-style, cut out paper dolls holding hands then colour them in
- 4. Indoor obstacle course (create zig zag laser lines in the hallway with string and get the kids to wriggle underneath or hop inbetween them.)
- 5. Make a den under the kitchen table, take in torches, cushions and snacks
- 6. Think of five things beginning with a letter
- 7. Glow stick bath
- 8. Have an empty chocolate box? Make pretend chocolates out of plasticine to go in it
- 9. Build a spaghetti and marshmallow tower
- 10. Put on a show!
- 11. Line a baking tray with foil, fill it with water and freeze it's an ice rink for toys, or a science experiment to see which items have the most traction when you slide them around
- 12. Finger painting draw faces onto your prints afterwards to create bugs, people and more
- 13. Make flower perfume with water and flowers in the garden
- 14. Gather leaves, paint them and press them onto paper
- 15. Have a dance party! Glow sticks add extra fun.
- 16. Play hide and seek
- 17. Set a Lego challenge (can you build me a dinosaur? A spaceship?)
- 18. Build something with clean recycling
- 19. Learn how to tie shoe laces
- 20. Teach them how to knit or sew



- 22. Use up any old craft kits/colouring books
- 23. Make paper bag puppets
- 24. Bake something using simple ingredients
- 25. Make faces using bits and pieces from the garden



- 27. Do a simple science experiment such as a volcano, or pour lukewarm water over Skittles sweets on a plate to make a rainbow
- 28. Make invisible ink
- 29. Do a jigsaw puzzle
- 30. Make origami flowers and spritz with a tiny bit of perfume
- 31. Create a sock puppet
- 32. Make up a story by each taking it in turns to write/say a line
- 33. Repurpose cardboard boxes into a dolls house, hospital, vet, parking garage anything you like!
- 34. Make a peg dolly (wooden pegs are best)
- 35. Put on a fashion show
- 36. Play 1 Spy
- 37. Do yoga (Cosmic Kids is great)
- 38. Learn finger knitting
- 39. Make a time capsule
- 40. Cut out pictures from a magazine then glue and stick
- 41. Create a "Favorite Memories" or "Thankful" jar
- 42. Make bookmarks
- 43. Build a cardboard castle and paint it
- 44. Make a paper boat then float it in the bath
- 45. Paint rocks from your garden
- 46. Make a suncatcher or a dream catcher
- 47. Draw a self portrait
- 48. Have a treasure hunt
- 49. Plant cress heads (the McDonalds Happy Meal Mr Men cups are great for this!)
- 50. Let the kids do your hair (if you dare!!!) and makeup
- 51. Have a "Virtual Bake Off" contest with your friends post your pics (or videos) online in a Whatsapp group and have a bonus prize for the messiest!

- 52. Do a blind taste test (blindfold the kids and feed them a range of sweet, salty, sour flavours and let them guess what they're eating)
- 53. Decorate biscuits (any cheap biscuit will do if you don't want to bake your own, make up some icing and use sprinkles)
- 54. Have a movie day with popcorn
- 55. Do a chore together
- 56. Plant some veggies in the garden
- 57. Write letters to grandparents
- 58. Create a secret code
- 59. Start your own newspaper and have the kids write about what is happening. They could interview relatives and friends over the phone for quotes
- 60. Request a song over the radio challenge friends to do the same and see who gets theirs on first!
- 61. Make a bug hotel with things from the garden
- 62. Ask the kids to make a reward chart for the parents!
- 63. Dig out old board games
- 64.Do a limbo!
- 65. Have a pillow fight
- 66. Write a journal
- 67. Play Simon Says
- 68. Learn some card games
- 69. Play charades
- 70. Pick a country and learn all about it
- 71. Read a book together
- 72. Do a mini history project; choose a person/event, research it and write about it or make a poster/cartoon
- 73. Play hangman
- 74. Learn a few words of a new language
- 75. Play skittles (use action figures or tin cans and a ball)
- 76. Have a World Book Day dig into the dressing up box and do crafts themed around a book
- 77. Make up a quiz
- 78. Have a tea party
- 79. Make friendship bracelets
- 80. Play hopscotch
- 81. Make chalk drawings on the patio or garden wall
- 82. Take a "virtual tour" of a museum
- 83. Make homemade pizzas
- 84. Host a mini Olympics (wheelbarrow race, etc). Friends can take part online!
- 85. Play marbles
- 86. Make a party hat/crown
- 87. Create your own board game
- 88. Have a bubble bath and take some toys in
- 89. Explore the garden with a magnifying glass
- 90 Make paper planes and see whose flies the highest!
- 91. Do the Conga around the house
- 92. Make paper outfits for dolls and action figures
- 93. Record your own podcast
- 94. Play musical bumps and musical statues
- 95. Make saltdough ornaments/shapes
- 96. Dig out scraps of coloured icing/baking supplies and let the kids decorate a sponge cake
- 97. Who can build the tallest tower?
- 98. Make fluffy paint
- 99. Create masks using paper plates
- 100. Download a movie-making app and make movies with your toys
- 101. Make musical instruments it could be as simple as a drum kit with kitchen pans and spoons! Or you could use elastic bands as guitar strings, or dried rice for shakers.









